



FOOD FOR THE “SOLE”

100 Fountain Spa Introduces Grape-based Purple Feet Pedicure, Summer Dream Spa Experience Contest

FOR IMMEDIATE RELEASE Niagara-on-the-Lake, ON August 16, 2006 – Visitors to Vintage Hotels’ 100 Fountain Spa and Secret Garden Spa will be now able to nourish body and “sole” with the spa’s new **Purple Feet Pedicure**. The grape-based treatment is not only indulgent but also healthy: it harnesses the anti-oxidant properties of grape extracts, which detoxify the body and skin.

Spa-goers will begin The Purple Feet Pedicure by soaking their tired feet in a luscious whirlpool bath while a roller/shiatsu massage relaxes their back. A perfect spa pedicure follows, featuring a grape scrub and maple-grape mask. The Purple Feet Pedicure is completed with polish. The treatment cost is \$95 and includes a glass of wine from a local winery

The Purple Feet Pedicure uses a “grape pomace”, which is a wine byproduct that mostly consists of dried and ground grape skins, plus some stems and seeds. The Cabernet grapes used for the Pedicure pomace imbue it with a very rich, dark purple colour.

Vintage Hotels also recently announced a **Summer Dream Spa Experience Contest** with Spas of America. The grand prize winner and a guest can revel in a romantic spa experience at 100 Fountain Spa in the award-winning Pillar and Post, in the heart of Southern Ontario’s beautiful wine country. The grand prize has a value of \$1,595.00 and includes three nights’ accommodation with breakfast for two each morning, two spa treatments per person, wine tour for two, dinner for two, and tickets to a performance at Shaw Festival. Ten Decleor Spa Gift Baskets are also available as prizes, each with a retail value of \$100. Entering is free and easy at www.spasofamerica.com, plus everyone who enters receives a special thank-you invitation from Vintage Hotels and Spas of America.

Vintage Hotels is a collection of three CAA/AAA four-diamond hotels with a total of 374 guest rooms, over 30,000 square feet of meeting space, three four-diamond restaurants, and two spas in Niagara-on-the-Lake. Offering classic style with a modern sensibility, the hotel properties are the jewels in the crown of the Niagara region. The Prince of Wales captures the elegance and refinement of the Victorian Age; the Pillar and Post is a classic country inn that offers all of the luxuries of a modern property while appealing to the

entire family; and Queen's Landing sets the stage for everything from family vacations to high-level corporate gatherings in a spectacular Georgian-style mansion. The recently renovated, 13,000-square-foot 100 Fountain Spa indulges visitors with a wide selection of services to soothe body and soul.

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